

Opus Healthcare

Literary Review

August 2015

| Title | Publication | Date | Overview |
|--|--|-----------|--|
| Risk score allows targeted use of colonoscopy | The BMJ, No. 8021, page 5. | 15 August | A US study has shown that using a simple scoring system can accurately identify people at low risk of colon cancer, who can then be screened by a less invasive sigmoidoscopy rather than by colonoscopy. Participants completed a questionnaire and were awarded points to reflect their risk. Only 4.88% classified as low risk had advanced adenomas on colonoscopy, whereas 24.9% with a high risk score had advanced neoplasia. |
| Lack of support and information regarding long-term negative effects in survivors of rectal cancer | Clinical Journal of Oncology Nursing, Vol. 19, No. 4, pages 444-448. | August | Results of a survey of 116 survivors of rectal cancer show that their lives had been adversely affected by bowel or ostomy trouble, trouble with sexual function, fatigue, and nerve toxicity. The respondents also reported that prior knowledge of the lasting negative effects of the treatment would have changed their treatment decisions. |
| Survival rate three times higher if cancer detected early | Nursing in Practice, on-line article. | 10 August | Figures by Cancer Research UK show that 80% of patients with the most common forms of cancer (including bowel cancer) survive for at least 10 years when the disease is diagnosed at stage 1 or 2. Survival falls to around 25% in patients who are diagnosed at stage 3 or 4. |
| Readmission destination and risk of mortality after major surgery: an observational cohort study | The Lancet, Vol. 386, No. 9996, pages 884-895. | 29 August | A US study found that those who needed to be readmitted to hospital following surgery (including a colectomy) achieve improved survival if they return to the hospital where their original surgery took place. The results showed a 26% reduction in risk of 90 day mortality compared with readmission elsewhere. |

Cont. overleaf

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Literary Review, cont.

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| Physical impairments and quality of life of colorectal cancer survivors: a case-control study | European Journal of Cancer Care, Vol. 24, No. 5, pages 642-649. | August | Results from a study show a deterioration of health-related fitness level, presence of moderate fatigue and reduced perceived quality of life in colorectal cancer (CRC) survivors compared with healthy controls. Researchers suggest exercise programmes to help restore cardiovascular and resistance fitness, mobility and postural balance could improve the quality of life of CRC patients. |
| England has worst figures yet on cancer treatment targets | The BMJ, No. 8022, page 2. | 22 August | The proportion of patients in England being treated within 62 days of an urgent referral for cancer fell to 83% between April and June, the lowest since records began in 2009. The target is 85% of patients to have started treatment within this time. |
| Constipation in adults | Pulse, page 42. | August | Article discusses the issue of constipation and suggests that despite patient anxiety that it may be linked to colorectal cancer, they are no more likely to have colorectal cancer than patients without constipation. |
| Opinion: Cancer CNSs are not only cost effective, but also invaluable | Nursing Times, Vol. 111, No. 34/35, page 7. | 19 August | According to NHS England's 2014 Cancer Patient Experience Survey, involving over 70,000 patients, access to a clinical nurse specialist (CNS) was associated with the highest scores. Access to CNSs is also within the six strategic priorities identified by the Independent Cancer Taskforce in its new cancer strategy for 2015-2020. |
| Light or moderate drinking and alcohol related cancers | The BMJ, No. 8022, page 7. | 22 August | Results from two US studies have shown that light to moderate drinking was associated with an increased risk of alcohol attributable cancers, including cancer of the colorectum. |

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| DVD | DVD | DVD |
| LaVera - sachets | Barrier cream | 3300 |
| LaVera - tubes | Barrier cream | 3301 |
| Lift Plus 360 | No sting adhesive remover | 5506 |
| Lift Plus - sachets | No sting adhesive remover | 5502 |
| Lift Plus Citrus - sachets | No sting adhesive remover | 5504 |
| Lift Plus 360 Citrus | No sting adhesive remover | 5507 |
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| NaturCare IPD | In Pouch Deodorant Powder | 1104 |
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| SkinSafe - spray | No sting protective film | 6601 |

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