

Opus Healthcare

Literary Review

October 2012

Title	Publication	Date	Overview
Cranberry juice does not prevent UTI's	<i>Nursing Times</i> Volume 108 No 44 Page 4	30.10.12	Contrary to popular belief, Cranberries are ineffective at prevent urinary tract and bladder infection such as cystitis. A Cochrane review of 24 studies involving 4,473 people found that cranberry juice, tablets or capsules did not support cranberry products as a means of preventing UTIs
The impact of stoma formation and enhanced recovery in the elderly	<i>Gastrointestinal Nursing</i> Volume 10 Number 8 Page 34-39	08.10.12	This article focuses on how age can affect a person's health and recovery, with particular reference to Enhanced Recovery Pathways (ERP) and stoma care. ERP empowers patients to take control of their care pathway, to be more involved in discharge planning and to be fully-informed and in charge of their own care.
One in four cases of bowel cancer are diagnosed as emergencies.	<i>BMJ</i> Volume 345 Page 1	27.10.12	Latest figures show 25% of bowel cancer cases in England were identified on emergency admission. The audit showed that older people, women and people from deprived areas were more likely than other people to be given a diagnosis of bowel cancer after emergency admission.
Bowel cancer screening programme on target.	<i>Pulse</i> Issue 33 Volume 72 Page 15	10.10.12	The NHS Bowel Cancer Screening Programme is on target to achieve the 16% cut in colorectal cancer mortality. Of the first million tests returned, cancer was found in 11.6% of the men and 7.8% of the women.
Health checks trial Cancer screening	<i>Pulse</i> Issue 35 Volume 72 Page 10	24.10.12	GPs question cost-effectiveness of including cancer questionnaire in the NHS health checks. Of 4,251 patients checked for cancer symptoms, 245 were referred to their GP and only 4 cancer cases were identified.

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Lift Plus Citrus - spray	No sting adhesive remover	5505	
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NaturCare IPD	In Pouch Deodorant Spray	1104	
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